

Mission Educators Bulletin

Connecting Us in Mission

St. Cloud Mission Office

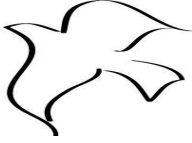
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Restoring Our Faith



While reflecting, looking carefully for some inspiration to help me convey the importance of restoring one's faith this time of year, I must admit that I was definitely struggling.

With everything around us in such a state of chaos, it is not hard to imagine that some may find our faith being tested. I found and read a few sentences online that seemed to get right to the point, to Catholic's "Easter symbolizes the fulfillment of our faith, through His Death, Christ destroyed our bondage to Sin and through his resurrection He brought us the promise of a New Life both in Heaven & on Earth". I thought to myself, "this is perfect" my work is done, how could I personally ever write anything better to sum things up, but then I re-read it a few more times and while what I read is very much true, if I'm being honest with myself and my writing, I need so much more. I crave definitive & clear guidance that will help me make sense of everything when I am feeling discouraged, sad and filled with worry, to help restore my faith.... I also decided I'm probably not alone. I continued to read for a long while and was reflecting while in scripture that we are coming upon the anniversary of another really hard time in our world's history when life was filled with worry and pain for the followers of Jesus. For many, time leading up to and through Holy week was filled with tremendous suffering and fear. I know with confidence that it was faith and prayer that got people through those days. Fast forward roughly 2000 years and by God's Grace, through the teachings of Christ and by way of his disciples, there is that exact guidance I need and that we all may be looking for, we just needed to remember where to look in many places throughout the bible, little reminders to have faith with very clear direction. Below are just a few that bring me peace.

Matthew 6:34 Do not worry about tomorrow; it will have enough worries of its own. There is no need to add to the troubles each day brings.

John 14:27-28 Peace is what I leave with you; it is my own

that I give you. I do not give it as the world does. Do not be worried and upset; do not be afraid. You heard me say to you, I am leaving, but I will come back to you.

Proverbs 3:5-6 Trust in the Lord with all your heart. Never rely on what you think you know. Remember the Lord in everything you do, and he will show you the right way.

As we continue to prepare ourselves this Lenten season, let's all do our best to put our worries in God's hands, trust in His promise and know that He is with us every single step of the way. Continue to look around wherever you are for His presence, those little reminders of all that He has promised us and for the opportunity to bring yourself closer to Him and to put our worries in His hands. Restore your faith.

A Prayer to Soothe an Anxious and Worried Heart:

"Dear Lord, I thank you that I can come to You always for any reason. I'm grateful that when I pray to You and You answer me. Help me to come to You at the beginning of my fears and anxieties instead of waiting until I can't stand them anymore. The quicker I come to You the better. You want to free me from ALL my fears. Help me look to You for help more often so that I can be radiant with Your joy. In Jesus' Name I pray, Amen

CRS Rice Bowl

What a great way to get involved & learn how to support others around the world. The need is urgent!

Also remember that 25% stays local so you will see the impact that your actions & generosity have in our own Diocese.

PRAY ~ FAST ~ GIVE



Don't Forget: April

National Child Abuse Prevention Month

7th ~ World Health Day

10th ~ World Homeopathy Day

12th ~ Passover

13th Palm Sunday

~ Holy Week ~

20th Easter Sunday

22nd ~ Earth Day

23rd ~ Spring Mission Rally

"Faith is the strength by which a shattered world shall emerge into light."

— Hellen Keller

Spring Mission Rally! Open Wide the Doors !

Come & Join Us

April 23rd, 2025

St. Mary's in Alexandria

8am ~ 1pm

Mass at 8:30am w/ Bishop

Patrick Neary C.S.C

All are welcome!

