

Mission Educators Bulletin

Connecting Us in Mission

St. Cloud Mission Office

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How to be a Saint

There are over 10,000 saints officially recognized by the Roman Catholic Church, though the exact number is impossible to determine due to ancient canonizations and unnamed saints. The number continues to grow as the Church canonizes new saints through its formal process each and every year. Saints are ordinary people just like you and me. Some are still in their youth and some have lived a very long life. Most are people of different ethnic backgrounds and from different cultures. Saints are men, women and youth from all walks of life who chose love, compassion and a humble and truthful life. This involves developing a stronger relationship with God through practices like daily prayer and meditation, frequent sacraments, and acts of charity and kindness. Living like a saint means continuously choosing to do what is right and God's will, even after making mistakes. I think with over 10,000 saints who have paved the way for us, we should have it pretty easy to be one of those saints one day too!

Saint Elizabeth..... Pray for us.....



Activity/Idea

- ♦ Research the name of the saint that you were given for Baptism/Confirmation and share with your family about any of the interesting facts/similarities you may share with your namesake.
- ♦ Choose a saint that you would like to learn more about and maybe even model your own life after.
- ♦ Visit an assisted living facility where lots of living saints (our elderly) are looking to share their stories and time with you
- ♦ Create a 'To Do' list of 'How to be a Saint'. (Bearer of Light; Bearer of Love; Bearer of Life; Bearer of Compassion; Bearer of Truth; Bearer of Humbleness; Bearer of Charity; Bearer of Kindness; ...)

A third grader got it right. "A saint is someone that the light shines through." She was looking at a stained glass window -the one St. Francis inhabits. Every morning the light comes and Francis lets the light pass through. Saints are bearers of the light and love and life. Just ask any third grader.

Robert Morneau -Eleven Qualities of Holiness

Don't Forget: November is:

**Native American Heritage Month
&
National Homeless Youth Awareness Month**

**Nov 1st—All Saints Day
Nov 2nd—All Souls Day
Nov 1-2nd—Dia de Los Muertos
Nov 11th—Veterans Day
Nov 13th—World Kindness Day
Nov 16th—World Day of the Poor
Nov 27th—Thanksgiving
Nov 30th— 1st Sunday of Advent**